Clear Path Bible Studies *Understand the Bible with clarity and confidence.*

Is this hardship God paying me back?

One page for the nights you search your past for the reason

START HERE

"I tell you, no, but unless you repent, you will all perish in the same way."

Luke 13:3 · WEB

When people brought Jesus news of a disaster, He asked whether those who died were worse sinners than everyone else. He answered no, twice, and called everyone to turn to God. The warning is for everyone equally; it isn't a hint that you're worse. Asked about a man born blind, He said it wasn't caused by the man's sin or his parents' (John 9:1–3).

Your hope rests in Jesus

"The punishment that brought our peace was on him" (Isaiah 53:5). For those who belong to Jesus by trusting Him, there is "no condemnation" (Romans 8:1). Not sure you belong to Him? Start by reading Isaiah 53.

Feelings don't explain the cause

God's training is painful now and fruitful later (Hebrews 12:11). That isn't a test for tonight. Fear doesn't prove you're outside His care, and calm doesn't prove what caused anything.

Choices still matter

Some things have consequences, and a known wrong is worth dealing with honestly, with someone you trust. That's different from inventing a hidden offense to explain every hard day.

What do I actually know happened?

Just the facts.

What cause am I adding without evidence?

Notice it, and set it down.

What help do I need, and who can I ask?

Name one person.

Ask these once. Then put the page away. Don't run them again tomorrow.

FOR THE NIGHTSTAND

"He has not dealt with us according to our sins, nor repaid us for our iniquities."

Psalm 103:10 · WEB

If the question won't stay settled — re-checking every day, reassurance that wears off by morning — that may be scrupulosity, and a counselor experienced with OCD can help.

If the weight ever feels like more than you can safely carry, the **988** Suicide & Crisis Lifeline (call or text 988, any hour, in the U.S.) is there for exactly that moment. In immediate danger, call 911.

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